Practical Time Management

Design and Development by Adele O. Connell, PhD Work-Based Learning Summer Conference, Tuesday, June 24, 2003

Group Practical Exercise

Two-Way Communication

Review Job Description Identify Goals and Responsibilities Clarify Job Priorities with Your Boss and Co-Workers

Prioritize Tasks

List Key Tasks Prioritize Tasks

- By Importance
- By Time

Prioritizing Tasks by Importance and Time			
Big A's • Highly Important • Longer Time Big B's • Important • Longer Time Timeframes: • D = Daily • W = Weekly • M = Monthly • Q = Quarterly • Y = Yearly	Little a's Highly Important Lesser Time Little b's Important Lesser Time Importance A/a = Essential to Job Success; Failure to do Task results in Poor Performance Review B/b = Contributes to Job Success; Failure to do Task does not Impact Performance		
	Review significantly		

My Job's Key Tasks and Components Instructions (on next page)

- 1. List 10-20 tasks and components that must be done in order for you to achieve your performance objectives.
- 2. Prioritize the tasks according to time and importance (A or a or B or b).
- 3. Identify if the task must be done on a daily, weekly, monthly, quarterly, or yearly basis (for the purposes of this exercise only).
- 4. Share your job's key tasks and components with co-workers and your boss (if possible).
- 5. Make changes, if necessary, after receiving feedback.

My Job's Key Tasks and Components	Priority A or a or B or B	Timeframe D, W, M, Q, or Y
1.		,
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
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17.		
18.		
19.		
20.		

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<u>Instructions</u> Now, identify some of your daily, weekly, monthly, quarterly and yearly tasks in the space below. Then, use this page as a reference point when completing your daily planning.

Task Timeframes	Prioritize
Daily	
Weekly	
Monthly	
Quarterly	
Va ouk i	
Yearly	

Data:			
Date:			

Time	Activity
7:00 am	
7:30 am	
8:00 am	
8:30 am	
9:00 am	
9:30 am	
10:00 am	
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11:00 am	
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4:30 pm	
5:00 pm	

Date: _____

Time	Activity
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Date:

Time	Activity
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Data:			
Date:			

Time	Activity
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Date:

Activity

Date:

Time	Activity
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Amazon.Com Results for Top Three Most Popular Books on Time Management

Most popular results for time management :

LOOK INSIDE

<u>Time Management from the Inside Out: The Foolproof System for Taking Control of Your Schedule and Your Life</u> -- by Julie Morgenstern; Paperback

<u>Buy new</u>: \$10.50 -- <u>Used & new from</u>: \$2.69



How to Get Control of Your Time and Your Life -- by Alan Lakein; Paperback Buy new: \$6.99 -- Used & new from: \$1.73



Getting Things Done: The Art of Stress-Free Productivity -- by David Allen; Paperback Buy new: \$11.20 -- from: \$5.95